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<th>Monday September 12</th>
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<th>Wednesday Sept 14</th>
<th>Thursday Sept 15</th>
<th>Friday September 16</th>
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<tr>
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<td>3 - 6pm SPAG BOL Rehearsal</td>
<td>7.15am Junior Band Rehearsal</td>
<td>7.15am Senior Strings Rehearsal NO Year 1 Morning Reading 11am Senior Choir</td>
<td>Footloose Friday 7.30am Percussion Ensemble 11am Junior Choir NO Sport NO Early Years Assembly END OF TERM 3</td>
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<tr>
<td>8.50am Middle Years Assembly Year 1 Star Lab Incursion 7pm FAST Meeting - library</td>
<td>7am Year 5 Campers to meet on Archdale Road 7.15am Junior Band Rehearsal 3pm Senior Band Sectionals</td>
<td>NO Year 1 Morning Reading 11am Senior Choir</td>
<td>7.15am Senior Strings Rehearsal NO Year 1 Morning Reading 11am Senior Choir 3pm String Sectionals</td>
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**PUBLIC HOLIDAY**

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<th>Monday October 3</th>
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<td><strong>YEAR 5 CAMP</strong></td>
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**Spirit of sportsmanship**

Last Wednesday, Ferny Grove State School hosted their own mini-Olympics. Students (including our Japanese visitors) represented their allocated countries, participating in a range of team sports and demonstrating our school values of respect and effort and modelling sportsmanship at its best.
Expressive Arts Week Celebrates Children’s Creativity at FGSS

The arts as a curriculum area is made up of the following components:
- Dance
- Drama
- Media Arts
- Music
- Visual Arts

At FGSS children can have a go at all of these and more. So why focus on The Arts? Isn’t it a soft subject with no connection to better English and Maths results? Here’s why, straight from the Australian Curriculum.

The arts have the capacity to engage, inspire and enrich all students, exciting the imagination and encouraging them to reach their creative and expressive potential. The five arts subjects in the Australian Curriculum provide opportunities for students to learn how to create, design, represent, communicate and share their imagined and conceptual ideas, emotions, observations and experiences.

Rich in tradition, the arts play a major role in the development and expression of cultures and communities, locally, nationally and globally. Students communicate ideas in current, traditional and emerging forms and use arts knowledge and understanding to make sense of their world. The Australian Curriculum: The Arts values, respects and explores the significant contributions of Aboriginal and Torres Strait Islander Peoples to Australia’s arts heritage and contemporary arts practices through their distinctive ways of representing and communicating knowledge, traditions and experience. In The Arts, students learn as artists and audience through the intellectual, emotional and sensory experiences of the arts. They acquire knowledge, skills and understanding specific to The Arts subjects and develop critical understanding that informs decision-making and aesthetic choices. Through The Arts, students learn to express their ideas, thoughts and opinions as they discover and interpret the world. They learn that designing, producing and resolving their work is as essential to learning in the arts as is creating a finished artwork. Students develop their arts knowledge and aesthetic understanding through a growing comprehension of the distinct and related languages, symbols, techniques, processes and skills of the arts subjects. Arts learning provides students with opportunities to engage with creative industries and arts professionals.

The arts entertain, challenge, provoke responses and enrich our knowledge of self, communities, world cultures and histories. The Arts contribute to the development of confident and creative individuals, nurturing and challenging active and informed citizens. Learning in The Arts is based on cognitive, affective and sensory/kinaesthetic response to arts practices as students revisit increasingly complex content, skills and processes with developing confidence and sophistication across their years of learning.

Please join us as we celebrate the arts at Ferny Grove State School this week and every week. A huge thank you to the many talented and dedicated teachers who have contributed to this week’s activities and celebrations. As Principal I am extremely proud of all of them as well as all their students.

Making a difference in this world needs creative thought. The arts can help with this as well as building of confidence, participation, team work, public presentation, resilience, perseverance etc etc.

Brett Shackleton, Principal
Middle years news

**Year 5 Camp**
Year 5 Camp is fast approaching - Camp Goodenough at Bilambil in NSW. This is a fantastic opportunity for students to further develop their life skills outdoors in an adventurous, safe, fun and challenging environment. Please make sure you are at school by 7am on Wednesday 5 October to prepare for departure to camp. Buses will be leaving from Archdale Road and returning there on Friday afternoon, 7 October, at approximately 2.30pm. Keep an eye on our Facebook page for advice on return time.

**Year 5 & 6 Sexual Health Lessons**
Next term our Year 5 and 6 students will undertake a targeted health education program as part of their Health Curriculum studies. Recently we had a parent information night outlining the program and this is available here.

Below are the dates and session titles for each year level for your information to support any conversations that might occur.

As we need to finalise payment with the provider, this levy was included in the Term 3 Bulk Bill. Could all outstanding payments of $28 be finalised this term? A reminder that payment days in the office are Tuesday, Wednesday and Thursday. Please don’t hesitate to contact us if you are unsure whether you have paid.

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<thead>
<tr>
<th>Year 5</th>
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<tbody>
<tr>
<td><strong>Lesson 1 - Puberty</strong></td>
<td><strong>Lesson 1 - Puberty</strong></td>
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<tr>
<td>Wednesday 12th October</td>
<td>Wednesday 2nd November</td>
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<td><strong>Lesson 2 - Sexuality</strong></td>
<td><strong>Lesson 2 - Sexuality</strong></td>
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<td>Wednesday 19th October</td>
<td>Wednesday 9th November</td>
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<td><strong>Lesson 3 - Social Media</strong></td>
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<td>Wednesday 26th October</td>
<td>Wednesday 16th November</td>
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Katie Stubbings, Deputy Principal
kstub5@eq.edu.au

Date Claimers
September 8
Chappy Breakfast
Expressive Arts Showcase
September 9
Talent Quest 9-11am
October 8
Ferny Grove Festival
Early years news

Gotchas!
(Awarded to students caught doing the right thing!)
Caitlyn G 3/4E    Jacob 3P    Matilda C 2CC    Olivette 2B

Executive Function in Children
I have recently read an article by Harvard University offering very practical tips on Enhancing and Practicing Executive Function Skills with children from infancy to adolescence. The executive function skills allow us to retain and work with information in our brains, focus our attention, filter distractions and switch mental gears. There are three basic dimensions of these skills:

Working Memory – the ability to hold information in mind and use it.
Inhibitory Control – The ability to master thoughts and impulses so as to resist temptations, distractions, habits and to pause and think before acting.
Cognitive Flexibility – The capacity to switch gears and adjust to changing demands, priorities or perspectives.

We aren’t born with these executive function skills, we are however born with the potential to develop them through meaningful social interactions and enjoyable activities. For babies from 6 to 18 months old these include games such as peekaboo, hiding games, fingerplays and simple conversations. For children from 18-36 months old, they include games with songs and movement, conversation and storytelling, matching and sorting games and a big one is imaginary play. Children’s executive function and self-regulation skills grow at a fast pace during 3-5 year olds. Younger children need a lot of support in learning rules and structures while older children can be more independent. Games that support this growth in 3-5 year olds include imaginary play which can be supported by reading books and allowing children to make their own play props.

Our 5-7 year olds enjoy games that have rules, but do so with widely varying levels of interest and skill. Since an important aspect of developing these skills is having a constant challenge, it is important to choose games that are demanding but not too hard. A great age to start playing board games with your child as it exercises the memory. Matching games help to develop cognitive flexibility such as Uno. Physical games that require attention and quick responses help children practice attention, games such as musical chairs, duck duck goose and what’s the time Mr wolf. Perhaps you could try a few of these over the holidays!!

End of term
This is our last newsletter for term 3 so I would like to wish everybody a well-deserved holiday. I hope you all find time to relax and enjoy some family time. I am heading to Dubbo Zoo with my family and we are really looking forward to actually sleeping on the Zoo grounds. I am assuming the lions and tigers are well fed, so we should be completely safe! Term three has been action packed with so many wonderful experiences for our students. I look forward to seeing you all back after the holidays.

Jacki Schott, Deputy Principal
jscho62@eq.edu.au
**General news**

**Expressive Arts Week**

**EXPRESSIVE ARTS SHOWCASE**

Tonight is our Expressive Arts Showcase, a celebration of our Instrumental and Choral Music programs. It commences in the hall at 6.30pm. Everyone is welcome to attend. Entry is via gold coin donation per person. From 5.30pm there will also be light food available from the hall canteen and our Coffee Cart will be open.

**TALENT QUEST FINAL**

Friday this week sees the final of our many weeks of Talent Quest heats. An amazing variety of talent across the year levels will keep the whole school audience entertained from 9-11am in the hall. Congratulations to the finalists and good luck for the Finals!

**Upper Kedron Road upgrades**

Cedar Woods Properties Limited will be providing us with updates for the road works on Upper Kedron Road, including road widening and intersection (including traffic light) upgrades. These improvements will enhance the safety of those roads for both parents as they commute and also our students who walk, bicycle or scooter to school. We will post information on the website as it becomes available. It can be found under the Support and Resources Tab in Documents/General. This weeks updates are [here](#) and [here](#).

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**On parade**

Congratulations to our deserving Students of the Month.

Prep - Kuro H.  Year 1 - Nate W.  
Year 2 - Kyara L.  Year 3 - Caitlyn G.  
Year 4 - Tahlia W.  Year 5 - Samuel N.  
Year 6 - Matilda B.

Deputy’s Special Recognition - James H

Our Stage Band did a brilliant job with their debut performance and Mr Sandilands officially announced the “Director’s Award”, (Declan E.) from SPAG BOL’s last show, “Cactus”.

---

**Instrumental Music & Performing Arts**

**Expressive Arts Showcase Information**

All instrumental and choral students are busily rehearsing for the annual Expressive Arts Showcase which takes place on this **Thursday 8 September 2016**.

**Venue**: School Hall

**Entry**: Gold coin donation per person. Raffle tickets $2 per ticket or 3 for $5.

**Time**: 6:30pm concert commences

**Venues for warm up and tuning**:

- **Senior and Junior Choirs**: 5:45pm  Children to enter via tutor room door at the back of hall and proceed to stage
- **Strings**: Strings – **6pm**  F1 and F2 - Ms Conners (2C) and Mrs Begg(2B) classrooms
- **Junior Band**: 6pm  Library
- **Senior Band**: 6pm  Library

**All instrumental music students (Year 3 to 7) and Senior Choir Members (Years 4 -7) are to wear the performance uniform.**

Royal blue performance shirt and black trousers with black socks and black shoes (no joggers). Long hair is to be tied back with a royal blue ribbon. If your child is in Pirates or Stage Band, they will need both their costume and uniform. Pirates need a belt and Stage Band will need their Advanced Music Camp black shirt.

**All Junior Choir Members (Year 2 and 3) are to wear their everyday school uniform**, white socks and black shoes. Junior choir members also performing as Junior Strings (Year 3) may wish to wear their performance uniform for both their choral and instrumental items rather than changing between performances.

Light food will be available to purchase from the hall canteen from 5:30pm.

*Katie Stubbings, Deputy Principal*
The Robber Baron and the Baker Thief
Don’t forget to save the dates of Thursday 24 & Friday 25 November for SPAG BOL’s performances of our upcoming musical comedy! With some cracking lines, a rollicking good story, plus plenty of dancing, songs and live music – this is one production you don’t want to miss! Tickets will be $5 per person so it is an exceptionally cheap night out for the family to see an exceptionally high quality show!

Term 3 drama performances
Last week, the Year 4s all got to perform the short plays that they have been planning, writing and rehearsing all of this term. Each class voted on which play they wished to represent them at the Year 4 finals which were held on Monday morning with microphones, lighting and stage crew to really add to the excitement of the event. In the end, 4Ts entry of ‘Humans Vs Aliens’ was voted the most popular play and goes through to perform at the Talent Quest on Friday. Well done Owen, Oliver, Matilda, Callum and Oscar on your success!
Also, congratulations to the participants in all 28 short plays that were written and performed over the past 2 weeks. The quality of all performances was of an exceptionally high standard!

Making the cut – Grease!
Congratulations to three of our SPAG BOL members for making the final cut for places in the cast of Harvest Rain’s production of ‘Grease’. Well done Natalie Howes, Harris Jenkins and Mia Hawes on firstly, taking on the challenge to audition, and secondly, being accepted into the cast. No doubt this will be a fabulous experience for all of you!
**4H news**

**My Turtle’rific excursion.**
On Tuesday the 2\textsuperscript{nd} of August, my class 4H, along with 4T, went on an excursion to Nudgee Beach Environmental Centre. We learnt about both the Loggerhead and Green turtles.

First off we went down to the beach and we had to do a nest rescue. Our task was to move our eggs away from the tide and protect them from wild animals such as dingoes. To do that we dug a hole above where the tide reached, then we moved the eggs. We buried the eggs with a string poking out so we knew where it was. After that we covered it with fox and dog proof nettings. Then we built a fence around it.

Soon after we had a look at some real turtle shells and built a lifecycle with sand. We had in the lifecycle the egg, hatchling, juvenile and adult stages.

Next we played a game about animal species and their extinction – conservation status. Lastly we assembled a mind map of positive and negative influences on the turtle’s lifecycle.

It was a great time and I would recommend it to other schools.

*Michelle Austen (4H)*

**The science excursion**
On Thursday the 2\textsuperscript{nd} of August 4H, 4T and I went to Nudgee Beach for a science excursion on life cycles. The bus ride took about an hour.

Firstly, we had fruit break, while applying sunscreen and insect repellent. Later we started our first activity. Our first activity was saving a nest of turtles (Ok, maybe it was ping pong balls.) But it was fun, tying ropes and placing a dig proof net on the ‘turtle eggs’. When we finished, we had a walk on the beach, then had lunch and a play.

Afterwards, the classes split into groups. With the groups, we had to build turtles out of sand. My partner and I built a juvenile green turtle. Then we washed our feet and had 2\textsuperscript{nd} break.

When it finished, we did our final activity, which was a cause and effect on a turtle’s life cycle. Eventually we finished the activity and went back to school on the bus. I would recommend this excursion to anyone who wants to be a vet or is into science.

*Freja Staunton*

*Book Week dress up day was a huge success. Lots of creativity and fun!*
ORIENTEERING – Where am I? What is that?

Once again we have received a grant under the Sporting Schools banner to conduct after school activities for our students.

In the spirit of providing a varied array of activities for Term Four, the activity chosen is Orienteering. This is an international activity conducted in many countries around the world. In an orienteering event, participants use special maps to navigate their way around a course. Orienteering can occur in the bush, parks and even our school grounds. Opportunities exist for students to participate in clubs as juniors and continue into adulthood reaching levels of Country and World Championships.

Orienteering is a wonderfully inclusive sport that provides physical activity as well as improving thinking and problem solving abilities.

Our very own Mrs Wendy Read is an avid orienteer who has also coached QLD and Australian teams in competition.

Details of the program are:

When – Term 4 commencing Thursday 20th October
Who – For students in Yrs 3 to 6
Where – school oval 3.15pm to 4.15 pm
Cost – Nil

If you wish your child to participate please complete the note below and return to Mrs Wendy Read (Head of Curriculum) by the end of this Term. Numbers are limited to 40 so be quick to secure a place.

I would like my child __________________________________ Class _____ __to participate in the Sporting Schools after school Orienteering program.

________________________________

Signature Parent/Caregiver
Only 5 weeks to Festival (Saturday October 8) and we need your help! Bring all donations to Tuckshop or Uniform Store during opening hours.

Donation Stations coming up:

Weeks 9 & 10 – commencing 5 & 12 September

Hamper Raffles – CPRs will provide boxes for collections in each classroom

Please bring in new items in these themes and we will combine them to make mixed hampers. These will be raffled (chocolate-wheel style) on the day. Donations for hampers can be delivered to classrooms. We are only asking everyone to donate one thing as this will be ample for our hampers.

(suggested items are listed but please use your creativity to think of other things for each category):

- Prep - Picasso Pack - markers, paint, cardstock, craft supplies
- Year 1 - Master Chef - tools, gadgets, spices, baking trays, cookie cutters
- Year 2 - Diggin' in the Dirt - gloves, seeds, small tools, plant markers, pots
- Year 3 - Pamper Me - bubble bath/bath salts, soap, nail polish, hair pretties
- Year 4 - Party Time - chips, balloons, partyware, popcorn, pretzels, salsa, drinks
- Year 5 - Stationery Suite - pretty pens, pencils, notebooks, cards
- Year 6 - Sweet Treats - tinned fruits, packet cakes/dessert mixes, sprinkles, lollies

We are still accepting donations for our Treasure Trove, Second Hand Kids Clothing, Plant Stall, Sweet & Cake Stalls. Donations can also be dropped to the Uniform Store on Saturday 17th (first day of holidays) between 9am and Noon.

We are also looking for donations for our Silent Auction. If you own a business, work in a business or know the owners of a business who would like to donate something for our Silent Auction, please email Vanessa on vbair4@eq.edu.au. They will be promoted on our Festival Facebook page, online auction and acknowledged on our flyers.

Armbands will be for sale on Flexischools from tomorrow.

The Volunteer roster will be sent next week.

Let Vanessa know if you can letterbox drop in the week before Festival.

We will have a special Festival newsletter next week, so keep an eye out for it!
Chappy news

Quote by Andrew Gide

*When we understand that the secret of happiness lies not in possessing but in giving, by making others happy we shall be happier ourselves.*

I recently bought my sewing machine to school and have been showing some kids how to make simple drawstring bags. These bags are going to be part of a new project next term called Operation Christmas Child. The project is going to be co-ordinated with the student council and children will be able to give towards this project and help pack everyday things that we use all the time into shoe boxes that get sent to other countries where children don’t experience gifts of any kind. My purpose is in helping the children here at Ferny Grove to continue to experience the joy of giving. We do some great things already and its fun to find new ways to expand or compliment what we do. Next term we will explain in detail how you could be a part of this wonderful opportunity. Some of the bags will have soap and washers in them, others will have pencils or marbles. Next week, we are going to attempt to make a small stuffed toy.

On Thursday is our quarterly Pancake Breakfast and we are very grateful to “The Grove” church for their volunteers and help in making this happen. The morning is always lovely opportunity to mill around and chat and enjoy delicious hot pancakes and syrup, fruit and juice. Come along and bring a gold coin donation to help support Chaplaincy. Cheers from Chappy.

Alexia Hoffman, School Chappy

Footloose Friday

Don’t forget our Active School Travel program encourages students to Walk, Cycle, Scoot, use Public Transport or Carpool, each and every Friday. This encourages healthy lifestyles and reduces congestion around our school. Fruit cups are available for breakfast at the Tuckshop for $1 every Footloose Friday.

3/4E news

During book week, 3/4E were lucky enough to work with local author Jennifer Loakes. The class of budding young authors were super excited to meet Jennifer and were eager to learn from her. The room was silent as Jennifer read her book ‘Mate and Me’ which inspired a number of great questions from some inquisitive classmates. After talking about the theme of Book Week, ‘Australia! Story Country’, and sharing favourite books, Jennifer took the 3/4E classmates through a few activities to encourage them to come up with story ideas. These included a nature walk where the ideas grew from collecting items and the stories started to develop. I think a lot of the children surprised themselves with their own creativity and Jennifer certainly enjoyed reading their work. I know that the classmates of 3/4E are very grateful for Jennifer coming in and sharing some of her author tips and are inspired to get writing!
P & C news

**Important Dates - September**
12 September FAST Meeting - 7pm Library
14 September P & C Meeting - 7pm Library

**Stationery & Uniform Store**
REGULAR HOURS
MONDAY & FRIDAY mornings 8-10am
2-5pm WEDNESDAY afternoons
Charyl Cowles, Stationery Convenor
3550 5359 (0431 265 068)
stationery@fernygrovess.eq.edu.au
Madonna Morton, Uniform Convenor
3550 5342 (0409 272 062)
umiform@fernygrovess.eq.edu.au

**Coffee Cart**
We still have spaces to fill in our roster so if you would like to learn a new skill, we would love to have you as part of our team. Contact Yvette on 0409 317 553.

**Tuckshop**
Our online ordering system www.flexischools.com.au enables you to order in advance, give it a go!

All tuckshop orders must be place online. If you need any assistance please call 1300 361 769 or simply come visit us at the Tuckshop.

**Urgent call for volunteers**
We really need help for the following dates!!!!
2 x 9th September (9:00am – 11:30am)
3 x 16th September (9:00am – 11:30am) Last day of school
Please email or call the Tuckshop if you are able to help out. As always a big thanks to our committed hard working volunteers.

Liz Mu, Senior Managing Tuckshop Convenor
3550 5361
tuckshop@fernygrovess.eq.edu.au

**Defence news**

**Catch up Club News**
Last week two of our very creative students, Imogen and Zara organised and supervised a craft activity to help our Defence students create Father’s Day cards. This activity was a great success! Thank you girls for your enthusiasm and for demonstrating great initiative. We look forward to working with you again next term.

**Defence Families’ Morning Tea**
Thank you to all the Defence parents who attended the coffee morning. It is always nice to see you and have a chance to share your ideas, concerns and happy stories regarding your children. A special thankyou to the lovely ladies at the coffee cart for the great coffee.

We would also like to extend a big welcome to the new families who have joined us this term. We wish you a wonderful experience at Ferny Grove State School.

Jessica De la Jara & Liz Heddershaw,
Defence School Transition Aides

Vacation care is just around the corner! If you need vacation care can you please fill out a form and drop it in. Forms are available at OSHC. Lots of fun activities, incursions and excursions!”
Community news

PANTHERS SOFTBALL CLUB
SIGN ON HAPPENING NOW!

Contact us for more information:
Rhegan – 0401 826 711
Tracey – 0411 726 155
Or email panthers_softball_club@hotmail.com

Train & Play at Brisbane Softball Association
90 Green Terrace, Windsor.
Panthers have teams that cater for all ages
and skills from Beginner to National Representative.
Season Starts October 2016.

FREE!
FREE GEAR BAG FOR ALL JUNIORS THAT SIGN ON WITH PANTHERS THIS SEASON!

Grasshopper SOCCER
Spring HOLIDAY CAMPS
Have fun, play the Beautiful Game!
SEP 20, 21 & 22
9:00 TO 12:00
AT HILDER RD STATE
SCHOOL - THE GAP
ONLY $109
FOR BOYS & GIRLS
AGES 5 - 12
GRASSHOPPERSOCCER.COM.AU
facebook.com/grasshoppersoccernorthwestbrisbane
email: mauricio@grasshoppersoccer.com.au

School Holiday Fun
Mitchelton Library

Knights, Princesses and Castles
Create your own little medieval scene, complete with valiant nights, princesses, dragons and castles. Ideal for children aged 6-12 years.
Tuesday 20 September 2-3pm*

Going on a Bear Hunt
We’re going on a bear hunt! Come and join the games and activities to celebrate the 50th Anniversary of Michael Rosen’s children’s classic. Ideal for children aged 2-6 years.
Wednesday 21 September 2-3pm*

Pirate Treasure Hunt
Join Pirate crew to hear grand swashbuckling tales and follow the clues to find the treasure. Ideal for children aged 4-8 years.
Thursday 22 September 3-4pm*

Cartoon Dave Comic Workshop
Join Dave ‘Cartoon Dave’ Hackett as he shares the secrets to comic cartooning in this fun filled workshop. Ideal for ages 6-12 years.
Tuesday 27 September 2-3pm*

Library Laboratory
Join library staff to celebrate National Science week as they share their favourite science experiments. Ideal for children aged 5-10 years.
Wednesday 28 September 2-3pm*

*Bookings required
Call Mitchellton Library on
(07) 3407 7410 for more information.
For more events at Mitchellton Library visit www.brisbane.qld.gov.au/libraries or pick up a copy
of What’s On in Libraries.

Great kids & families ☑ Great staff ☑ Great learning opportunities
Community news

South Pine Touch Association

Gala Day

Thursday, 22 September
South Pine Sports Complex, 820 South Pine Road, Brendale.

Sign-on begins at 6:30am
Gala Day activities run from 9am to 1pm

Who: Children aged 6-12yrs old
Cost: $25 registration fee (paid at the Gala Day). This includes a STEEDEN Junior Touch Football for each child and morning tea.

What to Bring: Water bottle, hat, sunscreen and clothing suitable to wear for games of Touch Football.

Gala Day Information: Children will be taken through a broad range of Touch Football specific skills and drills for the first half of the day. The day will conclude with children being split into teams, then playing full games of Touch Football. The aim of this day is for children of all abilities to get active, have fun and learn more about the game of Touch Football.

Registration is available now at the following link: https://membership.sportsquatch.com/regoform.cgi?eventid=3960&formid=61719

For more information please contact Glenn Walker, Queensland Touch Football: glenn@qldtouch.com.au

Ferny Grove State School
Parents' and Citizens' Association
PO Box 220, Ferny Hills 4055
T: (07) 3321 4523

Air Conditioning Project

Cadbury Fundraiser

It's as easy as 1, 2, 3

1. Purchase a box of chocolates from www.flexischools.com.au (print your proof of purchase)
2. Collect from the school office (during business hours)
3. Sell

How does it work?
You pay upfront for the box of chocolates - $50. The box contains 50 chocolates which you sell for $1 each. When you have sold all chocolates you will have your $50 back

Counselling Now Available

Counselling for Mums, Dads, Families, Children and Young People.

Counselling is for anyone who:
- feels alone, overwhelmed or isolated
- is having trouble in a relationship or in parenting
- needs help but is not sure what they can do to make things better
- feels they don’t have anyone who cares or understands them
- feels they just aren’t coping
- wants to make a change in their life.

It can really help to talk with a professional who is:
- trained to listen and support
- focused on helping you build relationships which make you feel good about yourself
- skilled at helping you create the life that you want for yourself.

If you feel you may benefit from counselling, call 3354 2555 or chat to the staff at Picabeen who can make an appointment.